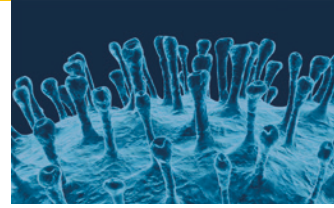


# FOOD SUPPORT

FOR RANCHO CORDOVA SENIORS & HIGH-RISK INDIVIDUALS



**Great Plates** is a new program created by Governor Newsom that provides seniors and those vulnerable to COVID-19 with three free nutritious meals delivered daily.

This new program is a great way to get healthy food during this current stay-at-home order.

## Who Qualifies?

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- Must live in Rancho Cordova
- Must be 65 or older OR
- High-risk with underlying health conditions, as defined by the CDC, and between the ages of 60-64 OR
- COVID-19 positive or COVID-19 exposed individuals (no age limit), as documented by a public health official or medical professional

## Are There Other Qualifications?

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- Must live alone or with one other program-eligible adult
- Must not be currently receiving assistance from other federal nutrition assistance programs (such as SNAP or CalFresh, or Meals on Wheels) and receive no more than \$74,940 in income for a household of one (1) and \$101,460 for a household of two (2), this equates to 600% of the federal poverty limit
- These income limits will be self-certified by the applicant, with spot checks from partner agencies
- Must affirm an inability to prepare or obtain meals

This program will be available May 5, 2020 through June 10, 2020 - unless extended. Due to limited capacity, please contact us as soon as possible at 916.851.8700 to see if you qualify.